

DOSING GUIDE

The amount of ARAKODA you'll take depends on how long you travel.
ARAKODA is taken as 2 tablets each dose using the guide below.

3
doses

prior to traveling
(once daily)

1
dose

each week of travel*
(7 days from last dose)

1
dose

upon return
(7 days from last dose)

**TIP: USING THIS GUIDE, WRITE THE DATES YOU WILL TAKE ARAKODA.
CONSIDER ADDING THEM TO YOUR MOBILE DEVICE AS WELL.**



1st dose due on:



2nd dose due on:



3rd dose due on:



1st weekly dose due on*:



2nd weekly dose due on*:



3rd weekly dose due on*:



4th weekly dose due on*:



Final dose due on:

*Trips less than 7 days do not require the weekly dose of ARAKODA. Every week of travel requires 1 weekly dose.
A glucose-6-phosphate dehydrogenase (G6PD) test is required before use.

**See next page for other
helpful information**

HAVE QUESTIONS ABOUT TAKING ARAKODA? We have answers.

Should I take ARAKODA with food?

ARAKODA can be taken with or without food; however, taking ARAKODA with food may be associated with better gastrointestinal tolerance.

What happens if I miss a dose of ARAKODA?

See how to replace missed doses of ARAKODA in section 2 of the prescribing information at arakoda.com.

If I plan to travel for an extended period of time, how long can I take ARAKODA?

ARAKODA has a proven safe dosing period of up to 12 months.

Are there side effects to taking ARAKODA?

The most common side effects are headache, dizziness, back pain, diarrhea, nausea, vomiting, increased alanine aminotransferase, motion sickness, insomnia, depression, abnormal dreams, and anxiety. These are not all the possible side effects of taking ARAKODA. To report suspected adverse reactions, contact 60 Degrees Pharmaceuticals at 1-888-834-0225 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

What if I have more questions about ARAKODA?

Visit arakoda.com for more information, including the prescribing information, or contact your doctor.

